

7 DAY PROGRAM TO CHANGE YOUR LIFE

This 7 day confession is just to give us a start in confessing what God says about us.

1ST DAY READING:

Eph 1:15-23 Wherefore I also, after I heard of your faith in the Lord Jesus, and love unto all the saints, ¹⁶Cease not to give thanks for you, making mention of you in my prayers; ¹⁷That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: ¹⁸The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, ¹⁹And what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power, ²⁰Which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places, ²¹Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: ²²And hath put all things under his feet, and gave him to be the head over all things to the church, ²³Which is his body, the fulness of him that filleth all in all.

1ST DAY CONFESSION:

Father God, I want the God kind of faith that people will hear about that gets results for the kingdom of God. I will not cease to give thanks to you. I believe by faith I receive the spirit of wisdom and revelation in the knowledge of God. I believe the eyes of my understanding are being enlightened that I may know what the hope of my calling is and what is the riches of the glory of His inheritance is to me for I am a saint of God. I believe I receive the exceeding greatness of His power to me for I am a believer according to the working of God's mighty power. When God raised Jesus from the dead I believe it was done by the power of God and now Jesus is setting in heavenly places at the right hand of the Father. I believe he is setting far above all principality and power and might and dominion and every name that is named not only in this world but in the world to come. Since I am a part of his church all things are under my feet and Jesus is the head of the church which I am a part and all His fullness fills everything. Amen.

2ND DAY READING:

Eph 3:14-21 For this cause I bow my knees unto the Father of our Lord Jesus Christ, ¹⁵Of whom the whole family in heaven and earth is named, ¹⁶That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; ¹⁷That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, ¹⁸May be able to comprehend with all saints what is the breadth, and length, and depth, and height; ¹⁹And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God. ²⁰Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, ²¹Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.

2ND DAY CONFESSION:

Father God, today I bow my knees unto you in the name of Jesus Christ. I realize that I am part of the family of God that is here on earth and in heaven. I ask you to grant to me according to your riches in glory to be strengthened with might by the Holy Spirit in my inner man. I ask that Christ may dwell in my heart by faith that I would be rooted and grounded in love. That I may be able to comprehend with all the Saints what is the breadth, and length, and depth, and height and that I might know the love of Christ which passes all knowledge, that I might be filled with all the fullness of God. I believe that you are able to do exceedingly abundantly above all that I ask or think for your power works in me. I give glory to you by Christ Jesus throughout all the coming ages. Amen.

3rd DAY READING:

Php 3:7-14 But what things were gain to me, those I counted loss for Christ. ⁸Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ, ⁹And be found in him, not having mine own righteousness, which is of the law, but that which is through the faith of Christ, the righteousness which is of God by faith: ¹⁰That I may know him, and the power of his resurrection, and the fellowship of his sufferings, being made conformable unto his death; ¹¹If by any means I might attain unto the resurrection of the dead. ¹²Not as though I had already attained, either were already perfect: but I follow after, if that I may apprehend that for which also I am apprehended of Christ Jesus. ¹³Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, ¹⁴I press toward the mark for the prize of the high calling of God in Christ Jesus.

3RD DAY CONFESSION:

Father, today I count what was gain for me as loss for Christ. I count all things as loss for the excellency of the knowledge of Christ Jesus my Lord. I count all as loss that I may win Christ. I will be found in Christ Jesus not having my own righteousness but the righteousness that is of the faith of Christ which is of God by faith. I desire to know Christ and the power of His resurrection, the fellowship of His sufferings that I may be made conformable to his death. My desire is to attain to the resurrection of the dead. I realize I have not already attained nor am I already perfect but I follow after that I may apprehend that which I am apprehended for of Christ Jesus. I realize I have not apprehended but I do forget those things which are behind and I reach forth to those things which are ahead. I am pressing toward the mark of the prize of the high calling of God in Christ Jesus.

4th DAY READING:

Col 1:9-14 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding; ¹⁰That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God; ¹¹Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; ¹²Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light: ¹³Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son: ¹⁴In whom we have redemption through his blood, even the forgiveness of sins:

4TH DAY CONFESSION:

Father God I pray for myself today being led by the Holy Spirit and that you desire for me to be filled with the knowledge of your will with all wisdom and spiritual understanding; that I will walk worthy of the Lord and be pleasing to Him; that I will be fruitful in every good work and increase in the knowledge of God. I believe I will be strengthened with all might according to Your glorious power and I will be patient and long-suffering with joyfulness. I will give thanks unto You Father for you have made me to be partaker of the inheritance of the saints in light of your Word; I am delivered from the power of darkness and have been delivered into the kingdom of Christ Jesus. I have redemption through the blood of Jesus and forgiveness of sins.

5TH DAY READING:

Col 3:12-16 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; ¹³Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also *do ye*. ¹⁴And above all these things *put on* charity, which is the bond of perfectness. ¹⁵And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful. ¹⁶Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

5TH DAY CONFESSION:

Father God today I put on as the elect of God, holy and beloved bowels of mercies, kindness, humbleness of mind, meekness, and long-suffering. I am forbearing and forgiving with others as Christ has forgiven me. Above all of these things I put on charity (love), which is the bond of perfectness or maturity. I let the peace of God rule and reign in my heart as I am called in one body with others in Christ Jesus and I am thankful. I let the word of Christ dwell in me and it is rich with all wisdom; I am teaching and admonishing others as they are teaching and admonishing me in psalms, hymns, and spiritual songs. I am singing with grace in my heart to the Lord.

6th DAY READING:

Php 4:13 I can do all things through Christ which strengtheneth me.

Php 4:19 But my God shall supply all your need according to his riches in glory by Christ Jesus.

6TH DAY CONFESSION:

I can do all things through Christ which strengthens me for his strength becomes my strength and because He has supplied all of my need, I can say I have no need whether It be spirit, soul, body, financial, or social. Christ Jesus has empowered me with His strength.

7TH DAY READING:

Isa 54:17 No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD.

1Jn 4:4 Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.

7TH DAY CONFESSION:

Father God I declare and decree this day that there is no weapon that is formed that shall prosper or accomplish anything against me. Every tongue that would rise up against me to speak words that are contrary to Your Word concerning me I do condemn those words. I am a servant of the Lord and I have a heritage of righteousness from you. For I know that I am an over comer because greater is he that is in me that he that is in the world and the God of this world system cannot bring weapons or words against me that shall prosper. I prosper only in the things of God!

We are creating a lifestyle of confessing what God's Word says. If we don't get started we will never get anywhere. I am tired of seeing the Body of Christ live a defeated life not knowing who we are, not knowing God's provision for us.

If any man speak, let him speak as the oracles of God; if any man minister, let him do it as of the ability which God giveth: that God in all things may be glorified through Jesus Christ, to whom be praise and dominion for ever and ever. Amen. (1Pe 4:11)